

# Prettiest Woman in Austria and How She Keeps Pretty



It Was the Fraulein's Profile Which Won Her the Prize in the Prize Beauty Contest.

## Fraulein Martens, Who Won Great Beauty Contest, Does a Great Deal for the Preservation of her Heaven-Sent Gift.

By MARIAN MARTINEAU.

THE prettiest woman in Austria is Fraulein Martens. The Fraulein is not only the prettiest woman by natural right, but she is the prettiest by popular vote. At a contest held to determine the handsomest woman in Francis Joseph's kingdom the Fraulein received the majority of votes.

She ran far ahead of her ticket, which had the second and third prize beauties also. His majesty the Emperor, hearing of her success, desired to see her. And on gazing upon her face he said, "She is the sweetest, the most beautiful and most womanly woman I have ever beheld! Her expression is so lovely!"

The Emperor was himself the husband of a beauty, for the Empress Elizabeth of Austria was one of the handsomest women that ever lived. In her twentieth year she was said to be the prettiest girl in Europe. Her wonderful hair was her chief charm. Later in life it was her figure and her grace that so distinguished her from other women of her years.

But the Fraulein Martens has certain beauties which are hard to match anywhere. They are, first, a sweet, kindly expression of the eyes. They are as gentle as the eyes of a dove and, indeed, she has been likened to a dove so many times that she is known as the Dove Beauty. Her soft, gentle expression is so pronounced as to make her remarkable wherever she goes. It is not only her own people who notice it, but strangers as well. "How like a dove," they say.

And this has been said for her many times. Recently a photographer, desiring a characteristic pose, requested her to have her picture taken with a dove in her hand. "Two doves," said he, looking upon the sweet graces of the lovely pair before him.

Once, on being asked how she kept this sweet look, the Fraulein said: "I have a dove-like love in my heart for all people."

A dove-like love in your heart for all people might be a good thing for women in general. It might add to the beauties of the world. A sweet, submissive nature will show in the face, and the woman whose thoughts are soft and kind will look it in her eyes, in her expression, in the very turn of her head.

### Fraulein's Idea of Beauty.

This is what the gracious Fraulein once said to a reporter who tried to interview her regarding her beauty and how she kept it:

"I do a great deal for the preservation of my beauty, for I regard beauty as a God-sent gift. Of course, I must employ beauty specialists and I follow their directions to the very letter.

"But I do more than this. I realize that no matter what other people may do for you, there are certain things you must do for yourself. You must force your lips to smile and you must say to yourself, 'I will smile at all the world today.'"

"You must make your eyes look with a soft and kindly expression at all the world, and you must say to yourself, 'Today I shall see good in everybody.'"

"You must hold your head proudly, and you must say to yourself, 'I know I am the noblest of all God's beings, and I shall conduct myself with a womanly dignity which will make all the world love and admire me.'"

"With these rules singing in your heart and shining in your face, you will be a woman of beauty. Beauty is so much a matter of the heart, you know."

and cheeks round. With such a face one should wear the hair as plain as possible.

"Curly are for those with thin, long faces. But for the Viennese type, for the Holland type, or for the type of Berlin, the plain coiffure is much the best.

"I decided upon a style of hair dressing and I have clung to it. I part my hair in the middle, I drape it low on each side of the parting, then I brush it smoothly back and I draw it up to the crown of the head, where I secure it in a large knot. It is a very simple style, but one that becomes me."

### Gleaming Crown of Glory.

The Fraulein takes great care of her hair. She calls it her crown of glory. She keeps it brilliantly brushed until you can almost see your face in its polished surface. And she keeps it bright. Her hair, which is rather a bright brown, is always at just that shade when it can be said to "bloom." It is not an Auburn, but it is something of a chestnut. An admirer once called it hazel colored hair. It shines always.

To keep the hair this color the Fraulein has it wet with cool water once a week. Then she rubs a raw egg into it. Then she takes and washes it with castile soap, using a great quantity on the hair, which, by the way, is allowed to fall over the head and neck while it is being rinsed.

Shampooing the hair with a bath spray let down from way up above is one of the best tonics for the head. It invigorates the scalp and makes it almost tingle. In this way the roots of the hair are kept lively and the hair does not grow gray so quickly. It is a Viennese method of shampooing the hair, which, by the way, is allowed to fall all over the head and neck while it is being rinsed.

The Fraulein uses the Vienna method of making the skin clear. It is made as clear as cream and it is very much the same color. The skin is never dark and never muddy. It is a clear, beautiful olive, through which the blushes rise. Muddy colored skin never blushes, but a clear olive skin will show every emotion of the heart.

### A Clearing of Skin.

"To get this clear skin there is always a tonic dose necessary. The old-fashioned English treacle and sulphur is given for three mornings, and then omitted for three. This is done all the year around. The dose is a mild one but is never omitted for more than three mornings. A teaspoonful is given and the skin owes its clearness to this."

"Then the Fraulein takes a sparkling water. Instead of eating candy and taking poisons into the system, she drinks a great draught of sparkling water. Sometimes, after the fashion of the women of Vienna, she takes a very light sparkling wine, or a glass of pure sweet beer. She never takes more than one glass, but she considers a deep draught of sparkling liquid a great beautifier."

"Then the Fraulein has a way of taking care of her skin that is remarkable. She takes off the dust of the day with a specially made cold cream which she uses as though it were a sponge. It is rather heavy and thick and she places it on her face and rubs it in so as to plump it. She goes over her face using it in handfuls. Then she rubs it off with a piece of cotton. Then she washes her face many times in hot water."

"Finally she takes the London dip. This is always practiced by the beauties of London. A basin is filled with cool, though not very cold water, and the face is dashed with it. This to cool the skin and drive the blood back and make it clear."

"After this process the Fraulein rests and for one good hour in the early twilight she closes her eyes and gets a complete rest. It is a sort of nap for her



Fraulein Martens, the Dove Beauty of Vienna.

before beginning the arduous duties of the evening. Popularity is the price of beauty and what beauty ever lived that did not have a great deal to do of an evening.

"There are other beauty specialties of this famous and lovely woman, but they are of the kind that are sensible

rather than common. They are not generally known and on this account are rather unique.

"This woman then mentioned many a little beauty trick of this, the loveliest woman in Austria, and among them were several points from which these hints might be gathered:

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It is years since she has had influenza or even that Viennese scourge, hay fever.

## What the Christmas Hostess Should Wear at Her Christmas Dinner

(Continued from Tenth Page.)

the year is made for a woman whose Christmas dinner party will last from morning until midnight. Its material is a glazed taffeta and its style is charmingly picturesque and almost romantic. The skirt, which is cut long, is laid in little side plaits all around the belt with the front plain and the sides and back very full. The upper part was a coat, cut three-quarter length, tight to the belt, and finished very much like a Louis XIV coat. It was buttoned with big silver buttons down the front and the girdle was secured with silver buttons.

### Little Touch of Silver.

The simple addition of a little silver to a gown will often transform a very plain costume into an elaborate one. Pockets made of cloth of silver are fastened upon coats at the hips to look for all the world like the silvered hip pockets of a French courier of other days.

In the same manner there are silvered cuffs upon many a waist and around the neck there is laid a flat silvered collar. Thus the gown is made exceedingly handsome.

A dress made for the Lady of the White House is built of glossy bronze colored silk. The skirt is perfectly plain and very tight fitting to the knee line. Below this there is set on a box plaited flounce with the plaits stitched very flat and headed with silver cords.

The waist is one of those box plaited blouses with the boxes put upon a plain yoke. There is a note of silver in this costume. The shape of silver threads around the cuffs, the collar and the yoke. Quite an elaborate tracery of silver is seen upon the stock and the skirt is silk heavily veined with silver.

It bids fair to be a metal season, for gowns are trimmed with metals of all kinds, and one is treated to a sight of bronze, gold, and silver and every other metal possible to the trimming world. And particularly does one see gun metal, which is found in trimmings, in ornaments, in applique, in jewelry, and even in laces, for there is now a very showy metallic lace to represent gun metal. So the metals are well represented in the trimmings of the year.

The newest wrinkle in dress this week is the sleeveless jacket. It would be a bolero if it were a little different shape. It is made just exactly like a little jacket, only a step. The bolero in all its forms is well known. And the sleeveless jacket will soon be. It opens up such a fine possibility for pretty voguees that modistes are rushing into it headlong, and are spending a great deal of money upon it. It has taken the fashionable world quite by storm.

### New Sleeveless Coat.

From the bolero to the sleeveless jacket is, indeed, only a step. The bolero in all its forms is well known. And the sleeveless jacket will soon be. It opens up such a fine possibility for pretty voguees that modistes are rushing into it headlong, and are spending a great deal of money upon it. It has taken the fashionable world quite by storm.

at all. And the front flies open with very wide lapels of gold lace.

A little sleeveless coat of this kind is to be slipped on over a silk shirt waist of pale yellow silk just about the color of gold lace, and the finishing, the fixings and the trimmings are all of yellow topaz and gold.

Of course, when there is a new mode, fancy runs riot. And one of the newest and the prettiest is a little sleeveless jacket of turquoise blue velvet, tight-fitting front and back, buttoned down the front with big blue velvet buttons, and trimmed with splashing wide lapels of cream lace. This coat is worn over a cream lace waist with immensely full sleeves puffed at the shoulder and embroidered with threads of blue. One can imagine something very dainty prepared in this manner.

The skirt to wear with such a coat as this must match the waist, and thus a very handsome costume is made, a dressy thing for any occasion. But it is nearly always happens that such a gown costs good money, and, though it is effective, the woman who has very little must go slow. It is showy and will not do for as many wearings as a less costly one.

Winter gowns, winter hats, and winter coats all have their touch of fur. It is amazing to note how many little things are done with fur. There were never so many fur vagaries as there are this year, and it can be truthfully said that the fur craze is at its height.

One can do a great deal with snips of fur and with odds and ends.

Bands of hair as though they were strips of velvet.

How to Use Fur Trimming.

Long strips of fur are applied to wide bands of satin and used for bows, and there are pretty little fur medallions with a button in the center, to be used for belt ornaments.

Very narrow plippings of fur are used upon cloth gowns and upon gowns of silk at the head of flounces. And panel trimmings and other flat trimmings are bordered with fur.

Square old-fashioned collarettes are cut out of brown brocade and are heavily lined with satin. They are then edged with a very narrow band of mink and are used around the neck precisely as though they were the old-fashioned fur collars. You can get up a very beautiful collar or shoulderette in this manner.

Narrow strips of fur are used at the tops of long gloves, the heavy chamois and the all fur gloves are worn. Everything is done to provide beautiful and warm garments at the same time.

In the season's novelties the natural calf skin figures conspicuously and the other day a woman of much fashion had made for herself, or had made for her by her tailor, a wide belt of the natural calf and a four-in-hand tie of the same fur.

This latter acted as a fur collar. Then she had her skirt piped with narrow bands of the natural calf. And she wound up by trimming her gown with deep calf skin cuffs. The effect of the red and white of the natural calf upon the brown of the gown was immensely artistic.

Many of the gowns are built along nouveau art lines and the woman of the season looks precisely as though she had stepped out of a picture. She is in red and browns, bronzes and sepia, and her dresses are beautiful to behold.

She dresses in etamine and heavy convos, the new woman in brown, and she selects the glossy face cloth which looks like brown satin and the beautiful

broadcloths of the season and the wonderful novelty brown goods, woolen and soft and easily draped.

Then one sees the woman of brown in visible on the surface, and in the camels and the camels hair which has smooth spots of tinting them just a little, and her nails are just the shape of her finger tips, and pink right to the very ends.

Indeed, one of her sweetest traits is that she can listen in patience to other people's views. "She is very charming," said a Frenchman. "She is too sweet for anything," said an American woman.

Velvets for Street.

But most popular of all in Gotham is the mirror velvet. This is the beautiful velvet which is made up into suitings, and which constitutes as fine a costume as any woman could possibly want. The mirror velvet is the handsomest suit a woman could have for general wear or nice occasions. It comes so thin that it makes an admirable reception gown, equaling in elegance anything that could be produced.

But there are cheaper velvets that are pretty and fashionable, and prettiest of all is brown are the crushed velvet suits which are soft in tone, rich in texture, and admirable for making-up purposes. The woman who wants a utility suit cannot do better than to purchase a brown crushed velvet, or a black, for it can be worn on so many occasions. The prettiest brown suits are made up with coat and skirt, with the coat buttoned with silver buttons. There is a very handsome suit for the house, when the coat can be slipped off to show a reddish brown chignon taffeta shawl waist.

silks with brilliant red holly berries embroidered upon the front of it. With this there goes a girdle of holly colored suede.

Beautiful bags are made out of the tops of old kid gloves. The kid is put together with stripes of embroidery and is mounted upon crinoline or a smooth leather foundation.

A black suede bag was made out of the tops of old kid gloves. When completed and mounted it was embroidered with Russian designs, trees, wolves, and odd little houses. The colors were brilliant against the black background. The bag was mounted on a crinoline foundation, and was of the stiff variety which holds its shape.

The Christmas hostess can wear a gray shot silk trimmed with holly red appointments, holly red girdle, holly covered silk buttons over button molds, and bright red coral jewelry. She can carry a holly silk wrist bag.

Wrist bags are made in three shapes. There is the bag which is perfectly square and which opens its full width. Then there is the oblong bag. And there is the bag that is very deep, but not

very wide. The most popular is the oblong bag, about 9 inches long and 5 inches deep.

The reticule is another matter. It is shirred at the top and is worn suspended from the wrist by a cord. It is carried to receptions and to dinners and is used as a handy wrist bag around the house. But it is not a bag for the street.

The handsomest wrist bags, from the tailored woman's standpoint, are those that are made of soft leather, with handsome mountings. These bags come at high prices, while the fittings make them still more costly.

To own a dozen wrist bags is no unusual thing nowadays. Many women own a bag for each coat and for each gown, and some go as far as to order a bag to match each hat. Thus the bags count up into the dozens.

There are little trunks that come for the safekeeping of these bags. They are very shallow and are scented with sandalwood, while the inner part is fitted with satin pads to keep the bags separate. And so one gets a hint in Christmas giving as well as in dress.

Such patience," said an English girl. "And such dear little manners," said a Russian. It was at a tea given at the home of a diplomat's wife, and the Fraulein was present to admire and to be admired.

"How do perfect manners, a sweet smile, gentleness, simplicity, shining hair, and a perfect complexion work out in the long run?" asked an impulsive woman. "How do they count in the walk of life?" This question can be answered this way:

The Fraulein is the most popular woman in Austria. In three years she had nine proposals of marriage, and she refused titles and gentlemen galore. She was the most sought after woman that ever lived.

"Why do they all love the Fraulein so?" some one asked.

"It is her manner," said a man, a relative of Bismarck, by the way.

"It is her complexion," said an envious woman.

"You are both wrong," said a third, a gentleman of England. "It is her charming expression and the dovetail expression of her eyes."

And so it proved to be. She was voted the beauty with these special points mentioned.

A charming expression and a dovetail gentleness are traits that all can have. So the American woman who wants to be as beautiful as the Fraulein Martens can cultivate these graces, and she will arrive.

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